

HEART MATTERS

Matthew 5:21-26

Big Idea: My _____ more than just my words and actions.

Protect your heart from _____ Matthew 5:21-22

Anger leads to a downward spiral where I place _____ in _____ place.

Protect your heart by _____ Matthew 5:23-26

The Danger:

1. Anger is destructive to _____

2. Anger is destructive to _____

Our heart matters enough to invest in life _____ the _____!

Next steps...

You have a choice:

Un- _____ = _____ _____ = _____

Four horizontal lines for writing notes.



W E L C O M E T O
TWO RIVERS
C H U R C H
WHERE WORD AND SPIRIT MEET LIFE

WE WANT TO HELP YOU GET CONNECTED!

Join The City for everything Two Rivers, everyday!



Visit Get Connected, located outside the River Room!



Find us on social media!



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275 Harrison Lane | Lenoir City, TN 37772 | 865.777.2121 | To find out more, visit 2RC.tv

WORSHIP OPTIONS



Modern Worship | Live Teaching
Sat 5:30P; Sun 9:15A, 11:00A
Located in the Worship Center



Edgy Environment | HD Video
Sunday 9:15A, 11:00A
Located in the Student Center



Acoustically Driven | HD Video
Sunday 9:15A, 11:00A
Located in the River Room

CONNECTION CARD

Name(s) _____

Address _____

City _____

State/Zip _____

Phone _____

E-mail _____

What venue did you attend?

Live

Amped

Blend

or go to 2RC.tv/Connect & complete online

ANNOUNCEMENTS

Elders are available for prayer after all services in both the East and West Prayer Chapels.

ALL CHURCH

Taste of Two Rivers: Are you new to Two Rivers Church? If so, we'd like to invite you to a free lunch to meet our staff and elders on **April 2 in the River Room at 12:30P.**

Wade In: Our new member class will teach you why we do what we do and help you to determine if Two Rivers Church is the church for you. The next Wade In class starts April 9 at 11:00A in The Shed. Space is limited! Sign up at **2RC.tv/WadeIn** or **Get Connected.**

Good Friday Experience: Join us April 14 for Crimson Thread, an experience exploring God's redemption story from the beginning of time to the end. New experiences begin every 10 minutes starting at 4:00P. Last experience begins at 7:30P. **Invite family, friends & neighbors!**

FAMILY

Family Good Friday Experience: Parents & kids (thru 5th grade), follow Jesus' footsteps through The Last Supper, The Prison & The Cross. New experiences begin every 30 minutes starting at 4:00P. Last experience at 7:30P. Enter through the Riverbank Kids exterior entrance.

ADULTS

Group Sign-Ups: Sign-ups for the spring session are March 25-April 2. Groups begin on April 2. Look for tents in the lobby to sign-up, or go to **2RC.tv/GroupSignUps.**

PRAYER

Quiet Waters: On March 30/31, Quiet Waters is a chance to get away from the busyness of life to spend time in God's Presence for refreshment and restoration. Cost is \$30/person (\$10/student). For more info & to sign up, visit **2RC.tv/QuietWaters** or **Get Connected.**

WORSHIP

Worship Auditions: If you are a vocalist, instrumentalist or are interested in volunteering with the tech team, contact **Diana.Utter@2RC.tv.** Auditions will be April 30. **Sign ups end April 2!**

PRAYER REQUESTS

I PRAYED TO RECEIVE CHRIST TODAY!

MID-WEEK TIMES

MSM (6-8 Grade)
Wednesday 6:30-8:30P
River Splash | 2RC.tv/MSM

FUEL (9-12 Grade)
Wednesday 6:30-8:30P
Student Center | 2RC.tv/FUEL

The Well (Prayer & Worship)
Wednesday 6:30-8:30P
River Room | 2RC.tv/WELL

1829 (18-29 years old)
1st Thursday 7:00-8:30P
The Shed | 2RC.tv/1829

NEXT STEPS

Find out more at 2RC.tv/NextSteps

EXPLORE

- ▶ Find a venue that fits you
- ▶ Complete a connection card
- ▶ Attend a Taste of Two Rivers

CONNECT

- ▶ Join The City
- ▶ Register for Wade In
- ▶ Share your story

ENGAGE

- ▶ Join a Group
- ▶ Find a place to serve
- ▶ Partner with us

LIVE IT OUT

Find this week's full study guide at 2RC.tv/StudyGuide

Putting The Bible Into Practice:

Read Matthew 5:21-22; John 2:13-22; Mark 3:5 & 1 Peter 2:23. 'Raca' (idiot) and 'fool' (moral scoundrel) both harbor contempt. What is the difference between righteous anger and unrighteous/contemptuous anger? Describe some of your experiences with both.

How do you guard or free your heart, mind and mouth from contemptuous judgment? From Matthew 5:23-26, why are clean/healthy relationships more important to God than sacrifices or public worship? Why do people prioritize religious activity over reconciliation?

How do fractured relationships impact our prayers & intimacy with God (Psalm 66:18 & 1 Peter 3:7)? Describe a time you did your part in making things right in a relationship?

Challenge:

Own your part; confess and restore relational breaches. Memorize Matthew 5:22.

EASTER SERVICE TIMES

SATURDAY
5:00 | 6:30P

SUNDAY
8:00* | 9:30 | 11:00A

*LIVE VENUE ONLY (NO KIDS PROGRAMMING)

EASTER

Celebrate The Resurrection