

**FREEDOM FROM STRONGHOLDS**

**2 Corinthians 10**

Jesus admonished us to be aware that a dark influencer is operating all around us...and is determined to \_\_\_\_\_ our life. *John 10:10; Ephesians 6:10-12*

Setting people free of demonic \_\_\_\_\_ was central to Jesus' purpose.

*Matthew 9:36; 1 Peter 5:8; 1 John 3:8*

**Stronghold 2 Corinthians 10:3-5**

What is the meaning of this word 'stronghold'? *1 Samuel 23:14*

A stronghold is a place of strategic \_\_\_\_\_

A stronghold can also be a place from which we seek to \_\_\_\_\_ off God, resisting His effort to free us from a controlling sin.

*"We demolish \_\_\_\_\_ and every \_\_\_\_\_ that sets itself up against the knowledge of God, and we take captive every \_\_\_\_\_ to make it obedient to Christ." 2 Corinthians 10:5*

**Arguments...**

**Pretension...**

**Thoughts...**

When we are resisting God, we are unwittingly agreeing with \_\_\_\_\_ *Luke 11:35-36*

Over time, a pattern becomes a \_\_\_\_\_...

A habit becomes a \_\_\_\_\_...

It becomes \_\_\_\_\_ influenced.

You can tell where a stronghold is because, where Satan influences, 3 things generally follow:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**Steps To Freedom**

1. We demolish \_\_\_\_\_  
Confession is \_\_\_\_\_ with God about what He says is true about us.  
*1 John 1:9*
2. Step into the \_\_\_\_\_ *James 5:16*
3. Take false thoughts \_\_\_\_\_ *James 4:7; Proverbs 28:13*



W E L C O M E T O  
**TWO RIVERS**  
C H U R C H  
WHERE WORD AND SPIRIT MEET LIFE

**WE WANT TO HELP YOU GET CONNECTED!**

Join Realm to stay connected through the week!



Visit Get Connected, located outside the River Room!



Find us on social media!



@TwoRiversTN



/TwoRiversTN



275 Harrison Lane | Lenoir City, TN 37772 | 865.777.2121 | To find out more, visit 2RC.tv

**WORSHIP VENUES**



**Modern Worship | Live Teaching**  
Sat 5:30P; Sun 9:15A, 11:00A  
Located in the Worship Center



**Edgy Environment | HD Video**  
Sunday 9:15A, 11:00A  
Located in the Student Center



**Acoustically Driven | HD Video**  
Sunday 9:15A, 11:00A  
Located in the River Room

**CONNECTION CARD**

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

**What venue did you attend?**

Live

Amped

Blend

or go to 2RC.tv/Connect & complete online

## ANNOUNCEMENTS

Find all upcoming 2RC events at [2RC.tv/Events](https://2RC.tv/Events)

### All Church

**72 Hours Of Prayer:** We invite the entire church to pray for the myriad of families who are & have been facing health issues & tough realities in recent months. We invite you to pray "at all times" over a 72 hour period by signing up for 10 minute time slots covering this Sunday night at 6:30P until Wednesday before The Well at 6:30P. Sign up at [2RC.tv/72Hours](https://2RC.tv/72Hours).

**Taste of Two Rivers:** Are you new to Two Rivers Church? If so, we'd like to invite you to a free lunch to meet our staff and elders on **August 26 in the River Room at 12:30P.**

**Group Sign Ups:** We believe that true growth & community happens in smaller settings called Groups. Group sign ups will be open August 11-26 with Groups beginning on September 4. Sign up at a tent or at [2RC.tv/GroupSignUps](https://2RC.tv/GroupSignUps).

**Alpha:** Alpha is the perfect place to invite those who are open to exploring the Christian faith. Seek God on who you are supposed to invite & take action. The course begins September 12, 6:30P in The Shed @ the Knoxville Campus. Sign up at [2RC.tv/Alpha](https://2RC.tv/Alpha) or at **Get Connected**.

### WOMEN

**MOPS/MomsNext:** MOPS/MomsNext exists to encourage, equip & develop moms with kids aged birth-5th grade. They will begin meeting on Tuesday, September 4 at 9:15A in the River Room. For meeting dates & more information, visit [2RC.tv/MOPS](https://2RC.tv/MOPS).

### CARE

**Care Ministries:** Life can be hard. Care Ministries are here to help you through life's difficulties. You can sign up for Divorce Care, Grief Share & Cancer Care groups at a Groups tent or at [2RC.tv/GroupSignUps](https://2RC.tv/GroupSignUps). Learn more about these & other Care Ministries at [2RC.tv/Care](https://2RC.tv/Care).

**Divorce Care For Kids:** DC4K is a biblically based program for children struggling with the pain of divorce & separation. Class begins September 6 & runs for 13 weeks, every Thursday in The Dock at 6:30P. Cost is \$15/child. Register at [2RC.tv/DC4K](https://2RC.tv/DC4K).

## PRAYER REQUESTS

I PRAYED TO RECEIVE CHRIST TODAY!

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## MID-WEEK TIMES

### MSM (6-8 Grade)

Wednesday 6:30-8:30P  
[River Splash | 2RC.tv/MSM](https://2RC.tv/MSM)

### FUEL (9-12 Grade)

Wednesday 6:30-8:30P  
[Student Center | 2RC.tv/FUEL](https://2RC.tv/FUEL)

### The Well (Prayer & Worship)

Wednesday 6:30-8:30P  
[River Room | 2RC.tv/WELL](https://2RC.tv/WELL)

### Young Adults (18-29 years old)

1st Thursday 7:00-8:30P  
[The Shed | 2RC.tv/1829](https://2RC.tv/1829)

## NEXT STEPS

Learn more about these opportunities to explore, connect & engage at [2RC.tv/NextSteps](https://2RC.tv/NextSteps)

### EXPLORE

- ▶ Find a worship venue
- ▶ Complete a connection card
- ▶ Attend a Taste of Two Rivers

### CONNECT

- ▶ Visit Staff at Get Connected
- ▶ Join Realm
- ▶ Register for Wade In

### ENGAGE

- ▶ Join a Group
- ▶ Find a place to serve
- ▶ Share your story
- ▶ Partner with us

## LIVE IT OUT

### Putting The Bible Into Practice:

Read 2 Corinthians 10:3-5. Where has the enemy established stronghold(s) in you? (*Hint: strongholds are often associated with patterns of fear, shame, & hopelessness*)

How are you defending these areas from God? Why? What weapons has God given you to demolish strongholds? What stands out in John 8:31-32; Job 22:21-30 & James 4:7-10. What would it look like for you to submit to God? How is God prompting you to resist Satan?

What habitual thoughts do you need to take captive and make obedient to Christ? What habitual actions/patterns do you need the Spirit's help to change? Who have (or will) you confess your struggle(s) to and invite their support? Why do you want to be free?

### Challenge:

Take up God's weapons, align with His truth, submit to His Spirit and demolish strongholds!

Life can be hard.  
Everyone needs a little care.

[2RC.tv/Care](https://2RC.tv/Care)

