

### Groups are our primary strategy for connection, disciple-making and ministry!

Our model is based on 4 characteristics:

#### Easy ON & OFF Ramps

Our groups meet for about 10 weeks, and then *EVERYONE has the opportunity to continue on with their group, switch groups or take a break.* Groups typically close (for continuity & depth) and re-open to welcome new guests.

#### Curriculum

**Coed Adult groups** (often) rally around applying the weekend message to ordinary life. *Each week in the bulletin (digital version at 2rc.bulletin) is a 'Live It Out' section that is intended to be completed before arriving at group.*

**Other groups** Men's, Women's, Care, Recovery, Young Adult & topical groups focus on selected curriculum.

#### Realistic Calendar

Our quarterly approach builds in **natural breaks** over December, Spring Break & Summer. *While community never stops, weekly group meetings do.* The last formal group meeting will be the week of November 15, with a Christmas Party in early December. *Then the group will break until mid January, with another registration cycle.*

#### Healthy Size & Subgrouping

Our coed groups typically have about 12 – 16 folks (some less, some a little more), while other groups range in size. **All groups** are encouraged to break into smaller breakout groups for greater sharing, prayer and support.

### Practical Logistics & Commitment:

#### Meetings

We'll meet on \_\_\_\_\_ at \_\_\_\_\_ for about 10 weeks. Our final (Coed) group meeting for the Fall quarter will be during the week of \_\_\_\_\_. We'll arrive between \_\_\_\_\_ and \_\_\_\_\_ and end at \_\_\_\_\_. *We will honor each other by keeping anything shared confidential unless given permission to share.*

#### Commitment

Joining a growth Group requires a commitment to attend and participate each week. Allowances are made for sickness, vacation, work conflicts, & other special events, but not much more. **If I am unable to attend, I will notify my group leader or host.** Honoring my commitment contributes to healthy relationships & momentum.

#### Strategy

Create environments where the Word & Spirit meet life by developing 5 habits. Sharing life in caring

**COMMUNITY, Lifestyle of DISCIPLESHIP, PRAYER, WORSHIP, and SERVICE.**

#### My Role

As a group member my role is to contribute to developing a caring community that leads to spiritual growth.

1. **SHOW UP** – for group meetings & gatherings. (It's very challenging to cultivate a safe place where people can share authentically – without building the trust that comes through consistent time together).
2. **JOIN IN** – actively engage in listening, sharing your perspective and contributing to relationships, discussions & group activities.
3. **BE REAL** – sharing your story, struggles, and victories allows the group to build trusting, supportive, and accountable relationships. While sharing can seem risky at first it is the gateway to meaningful support, encouragement, and mutual growth.
4. **ADD VALUE** – God has intentionally given you gifts, talents, abilities, and experiences to bless others. Offer those to your group and invite your leader(s) to help you find ways to serve and contribute.

