



## **GROUP DESCRIPTIONS**

### **Men of Integrity**

Looking for a safe place to find hope, healing and freedom from pornography or sexual addiction? This men's only recovery group is designed to support you in your quest towards wholeness. Incorporates resources from the Conquer Series at [www.conquerseries.com](http://www.conquerseries.com).

### **Healing for Wives: Facing Sexual Betrayal**

Are you a woman whose spouse is struggling with infidelity or pornography? Are you feeling betrayal and hopelessness? There are others who have faced the same struggles and are ready to facilitate a group to help you find healing in Christ. This group will work through a book and be led by women in our church who have been trained from Hope Redefined Ministry.

### **Divorce Care & Divorce Care Next Steps**

**Divorce Care:** For those who have experienced divorce, there is hope and healing. We are here to walk alongside you through one of life's most difficult experiences. We meet every Tuesday at 6:30P in the Fireside Room during Groups cycles.

**Divorce Care Next Steps:** This group is a supportive community group geared for those who have completed Divorce Care. This group will focus on moving our identity in Christ from heads to hearts to a lifestyle. We meet every Thursday at 6:30P in the Shed during Groups cycles.

### **Grief Share, Cancer Care & Suicide Support Groups**

**Grief Share:** A grief support group for help and encouragement after the death of a spouse, child, family member or friend. We meet every Monday at 6:30P at the Harrison Lane Campus in The Shed.

**Cancer Care:** Anyone who has been impacted by cancer, whether your own diagnosis, or that of a family member or friend, we are here for the journey – from diagnosis to life after cancer. We meet on the 2nd & 4th Tuesday of each month in the Prayer Chapel West at 7:00P.

**Suicide Support Group:** A grief support group for help and encouragement for those affected by suicide. We meet on the 2nd & 4th Tuesday at 6:30P in the Student Center Prayer Chapel on the Harrison Lane Campus.

### **BSF – Bible Study Fellowship**

BSF is an international, in-depth Bible study with several men's and women's classes meeting in our Knoxville community. Two Rivers Church hosts a women's evening class on Monday nights at our Harrison Lane Campus and on Tuesday nights at the Roane County campus. This class meets weekly from Sept to May to study Matthew in a lecture and small group format. Sign up through our registration process and you will be placed in a group with some Two Rivers members and some community members.

(more groups on back)

### **10 Great Dates**

The excitement of marriage doesn't have to lessen after the honeymoon is over. Join us for a unique way to date your mate! Not only does this program creatively hand deliver everything you need for a date night, it reconnects you at a heart level with your spouse. We will be meeting on Friday at 6:30pm in our West Knoxville home to introduce the date and watch a short 10 - 15 minute video. Alternatively, you can zoom in and join us that way. Afterward, you can enjoy your date in your home, favorite restaurant, or location of your choosing. Childcare is a possibility. Couples in all ages and stages are welcome. The book "10 Great Dates to Energize Your Marriage" written by David and Claudia Arp is required. The group will span 10 weeks.

### **Love and Respect**

Give the love she most desires and the respect he desperately needs. This message continues to impact marriages all over the world. Touted by leaders as a "classic" among marriage books, Love & Respect, reveals why spouses react negatively to each other and what they can do to deal with such conflict quickly, easily, and biblically. Join Gary and Beth Stuart and other couples from our church for a 10 week group to invest in your marriage.

### **How to Be an Assertive Christian by Speaking the Truth in Love (ONLINE)**

Learn to recognize the difference between passive, aggressive, or assertive approaches as well as tools to help positively engage others without tuning them out. A new online group using "Speaking the Truth in Love" by Koch and Haugk. This group will meet via Zoom on Thursday nights from 6:30-8:30pm. This is a mixed group of men, women of any age.

### **Disciple Making**

Are you excited about actually sharing your faith with others and multiplying the kingdom? This new group is planning to use the Deeper Dive material and other resources to encourage members to step out in conversations and be salt and light. Adam and Wendy Kuhn are passionate about making disciples who make disciples and are inviting you to join them. This is a mixed group of men and women of any age.

### **Blended Families**

As a remarried/blended family, you undoubtedly face unique challenges that you may not have expected. These issues can frustrate your marriage, your parenting, and your step-parenting. Fortunately, these challenges are common to blended families and a new group is forming to work through them together. "The Smart Stepfamily," by Ron Deal, offers usable solutions for everyday living, practical tips for raising step kids, and ways to strengthen your marriage. Meet other "blended" couples, learn how to handle unique stepfamily challenges, and share your struggles and triumphs. This group meets Thursdays at 6:30pm in the Fireside room.