

Live it out | Ephesians 4:1-16 February 19th, 2023

My Story Questions

These questions/activities help the group know one another and transition to deeper discussion. Choose one. OR.... You might start the meeting with one person sharing highlights of their story. Set up a rotation.

- 1) Who in the group likes to take walks? Where are your favorite trails?
- 2) How have you seen God at work in your life this week?

Study Questions

These are meant for personal preparation and group discussion. Use all or pick a few to discuss.

- 1) Have you been able to do any of the Next Steps from the sermon? What was the result?
- 2) The Live it Out encouraged watching some Bible Project videos. Have you learned anything from those that you would like to share?

Read Ephesians 4:1

- 3) This important transition verse challenges us to now walk in a way worthy of the calling we have received in chapters 1-3. How is the word "walk" helpful to explain the christian life?

- 4) How are you now free to walk without the shackles of sin? Ps 2:3, Romans 6:18

- 5) How are you free to walk in the Light rather than the dark? John 8:12, Ps 56:13

Read Ephesians 4:1-6

- 6) One of the first ways we are called to walk is to walk in unity. What specific actions to promote unity are believers called to practice here? Which is the hardest for you? In what situations do you most need to practice these actions?

Read Ephesians 4:7-13

- 7) What gifts of the Spirit are listed here and why are gifts given? How does this relate to the theme of unity Paul is explaining?

- 8) How is it true that we need others to grow to maturity? Who has God placed in your life to impact your growth? How has God used you to mature others? What church people or programs have been helpful to your growth?

Read Ephesians 4:14-16

- 9) Physical growth from childhood to adulthood is given as an illustration of spiritual growth. How does this illustration challenge you? How does it comfort you? (See Phillipians 1:6)

- 10) What warning is given and how is it still applicable today?

- 11) Paul includes himself (he says "we" several times) as one who needs to continue to grow up in maturity. How does that make you feel?

- 12) How is God calling you to be more united with the people of God? Ecclesiastes 4:9-12
Hebrews 10:24-25

Responding to Jesus

Offer these questions for personal reflection before your group prayer time. Practice listening for God's voice.

- 1) Lord, "With whom do I need to show more patience, gentleness or humility?"
- 2) Lord, "What gifts have you given me that I could be using to build up the church?"