

Live it out | Ephesians 6:10-24

March 26th, 2023

My Story Questions

These questions/activities help the group know one another and transition to deeper discussion. Choose one. OR.... You might start the meeting with one person sharing highlights of their story. Set up a rotation.

- 1) Has anyone served in the military or had a family member serve. Do you have a memory to share?
- 2) Do you have a war movie or book that moved you the most? Why?

Study Questions

These are meant for personal preparation and group discussion. Use all or pick a few to discuss.

Read Ephesians 6:10-13

- 1) What words stand out to you in these verses? Why? Paul uses the word “stand” 4 times. What images does that word bring up to you?
- 2) How do we gain strength to live out our faith day to day? See also Zech. 4:6 and Psalm 34:7
- 3) Who are we fighting against and who are we not fighting against? How is this important to the way you fight?
- 4) Listen to #6 video, The Satan and Demons, in the Bible project series on Spiritual Beings. What impacts you?
- 5) How often do you consider the unseen realm and the spiritual battles going on in your life?

Read Ephesians 6:14-18

- 6) Paul uses the imagery from Isaiah 59:17 of God as a mighty warrior. How is it helpful to perceive yourself as a soldier and God as your commander? (See also 2 Timothy 2:4) Is there anything you don't like about the image?
- 7) What strategies does the enemy employ to try to take back ground in your life that Jesus has already won?
- 8) Why do believers need to put on the full armor of God? (Paul says this twice.) What does it look like to walk defensively and offensively in the battle? (Consider Ephesians chapters 4-6)
- 9) Which one piece of the armor is especially helpful to you in your spiritual battles. Why? Which do you most often forget to put on?
- 10) Prayer empowers all of the weapons for success. What does it look like to pray on all occasions with all kinds of prayers? In what situation would you like your group to pray for you?

Read Ephesians 6:19-23

- 11) For what does Paul ask them to pray? What will you ask your group to pray for you?
- 12) Are there any questions from the Live it Out that you would like to discuss?

Responding to Jesus

Offer these questions for personal reflection before your group prayer time. Practice listening for God's voice.

- 1) Lord, “In what situations do I need to perceive the spiritual battle and suit up in your armor?”
- 2) Lord, “How would you like me to think differently about prayer in light of this passage?”