

## Road Trip | 1 Timothy 4:1-16 June 29 & 30, 2024

### My Story Questions

*These questions/activities help the group know one another and transition to deeper discussion.*

- 1) Have you ever gone into training for a marathon or hike or race? What did you learn about yourself?
- 2) Tell the group about a memorable vacation you have taken as a kid or an adult?

### Study Questions

*Complete these questions for your own personal preparation to lead, but choose only some to discuss.*

**Big idea: A faith-filled community believes the Truth and lives like it is true.**

Warm up: Why is it important to “Walk the Talk” as a Christian?

LIO - We were asked to make a list of all the things you know are true about God. Share some.

**Read 1 Timothy 4:1-7 We aim for the way of Jesus: nothing more, nothing less.**

- 1) What words or thoughts stand out to you about this section? What is hard to understand?
- 2) What false teaching was challenging the true way of Jesus and what was Paul’s response? Do you think believers today tend to do too much (add extra rules) or do too little (ignore calls to action)?
- 3) Where did Paul say this false teaching came from? What are your thoughts about demonic influences?
- 4) What images does the word “Train” bring to your mind? How does it relate to developing godliness?
- 5) What spiritual practices have been helpful in your training? What practices would you like to try? How can your group pray for you?
- 6) How are you able to tell the difference between solid doctrine and false teaching?

**Read 1 Timothy 4:8 We remember this life will last forever**

- 7) How could training in godliness hold promise for life in heaven? What does that mean?
- 8) 2 Corinthians 5:10 and 2 Timothy 4:8 both talk about rewards in heaven. How does that impact your thinking about training in godliness now?
- 9) How does training help you overcome strong desires in order to reach your deepest desires?

**Read 1 Timothy 4:9-16 How I follow impacts how others follow.**

- 10) What actions did Paul command Timothy? How would his actions affect others in the church? Which action is God impressing on you as you read this passage?
- 11) When have you been inspired by the spiritual growth of someone younger? someone older?
- 12) While our actions do not “save others,” our godliness is a tool for God who does the saving. Name some of the people that God may use you to influence. Take time to pray for your witness to them.

### Responding to Jesus

*Offer one of these for personal reflection before your group prayer time. Practice listening for God’s voice.*

- 1) Ask Jesus, “Where am I settling for less when you are asking for more of me?”
- 2) Ask Jesus, “What is one important truth about you that I should remember and repeat this week?”