GROUPS
Following Jesus Together

All Things: Colossians

Scripture: Colossians 2:6-23

Big Idea: The Jesus who saved you is the Jesus who sustains you.

Questions for Connection (*Use these to help start conversations.)*

1. What's the best gimmicky thing you ever bought because of an infomercial? Worst?
2. What's the worst fashion trend you ever took part in?

Ask Jesus to guide your discussion before you continue.

Read Colossians 2:6-23

1. Read verses 6-7 again. What was going on in your life when you first started following Jesus? What's something about following Jesus that seemed simple when you first believed but has become more challenging as you've grown?

2. When you think of someone who is spiritually mature, what qualities come to mind? Who is someone you've known who truly lives out their dependence on Jesus? What qualities did you see in them?

3. What's the difference between obeying Jesus because we're trying to earn his approval and obeying him because we know we're already loved and accepted by him? What does your life look like when you're living as though you want his approval? What does your daily life look like if you truly believed you had nothing left to prove to him?

4. What are some ways we unintentionally measure our worth by our accomplishments, possessions, appearance, or others' opinions? Have you ever found yourself comparing your spiritual life to someone else's? What did that comparison produce in you?

5. Reread Colossians 2:16–23. Paul warns about religious practices that can look spiritual without actually changing us. What's the difference between doing things that make us feel like good Christians and doing things that help us become more like Jesus? How can we tell when we're going through the motions instead of genuinely depending on Him?

6. Have you ever pursued something you believed would make you feel more secure or fulfilled, only to find it didn't deliver what you expected? What happened, and were you able to break this pattern? If you're still in this, how can the group help you?

7. Returning to the Big Idea: Where do you need Jesus, who saved you, to sustain you in this season of your life?
   Pray for each other over this before you close the group.